

Sports Education Camps (SEC) History

In 1984, the Michigan Blind Athletic Association, focusing on a need for physical education and sports for children with visual impairments, held the first Sports Education Camp in 1988. The SEC was created to address the barriers to sports and recreation through the following ways:

- ◆empower blind and visually impaired youth by teaching them basic sports skills & activities
- ◆increase the knowledge of parents, teachers and the community about the adaptations required for participation and the limitless potential of the children with visual impairments in the area of sports
- ◆increasing blind and visually impaired youth's access to physical education, sports and recreation by building a network of advocates.

For more information on NEBAA or the Sports Education Camps check out our website:

www.nebaamaine.org or contact:

Mark Sinclair, Director

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We welcome you to become a sponsor by sending a monetary donation.

Please make your tax deductible check payable to:

USABA

1 Olympic Plaza, Colorado Springs, CO
80909

**Please make sure to note NEBAA/SEC in the memo area to ensure funding goes to NEBAA Sports Education Camp.*



THANK YOU!

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NEW ENGLAND BLIND ATHLETIC ASSOCIATION

NEBAA



WINTER & SUMMER SPORTS EDUCATION CAMPS



Visit

www.nebaamaine.org
for more information.

SEC OBJECTIVES:

Sports opportunities allow people who are blind and visually impaired to develop independence through competition, without unnecessary restrictions. Like sighted people, the blind can share in the thrill of victory and the reality of defeat.

In addition to providing people who are blind and visually impaired with athletic opportunities, the second part of USABA's mission is to change society's negative stereotypes concerning the abilities of blind people as well as other disabled individuals. Combating stereotypes is achieved by both educating the public through various media avenues as well as by training athletes to enter schools and community organizations to directly address disability issues.



NEBAA CAMPS

Summer Sports Education Camp

Summer Sports Education Camp is held every year, since 2004, at the University of Maine in Orono during the third week of June.

Events Include: *Fencing – Bowling – Wrestling – Gymnastics – Track & Field – Swimming – Goalball – Baseball – Rock Climbing – Tandem Biking – Skateboarding*

Winter Sports Education Camp

New in 2012, NEBAA Winter Sports Education Camp is held at Sunday River Ski Resort in Bethel, Maine the second weekend of March.

Events Include: *Alpine Skiing – Nordic Skiing – Biathlon – Skating – Dog Sledding – Snowshoeing*

Camp PRIDE

Camp PRIDE is held each year at the Lions Camp PRIDE in New Durham, New Hampshire on Lake Winnepesaukee the third week of August.

Events Include: *Swimming – Nature Walks – Arts & Crafts – Ropes Course – Music – Recreational Sporting Activities*

SEC OUTCOMES:

Research done at the Sports Education Camps in Michigan has shown that the skills learned at the camps have had a continuing positive impact on the lives of participating youth.

- ▶ more students who attended sports camp for two consecutive years participated on their home school teams
- ▶ these youth participated in their school physical education programs
- ▶ youth who were returning to the camp for the second time were more likely to respond positively to the statement “I know how to change a sport so I can play”- This shows that not only are these youth learning skills at the camps, but are also able to apply what they have learned to help adapt sports to their needs in a school or extracurricular setting.

